

Grantee Profile

Alameda County

Project SUCCESS

Alameda County Behavioral Health Care Services serves high-risk, multi-problem youth who exhibit high rate/binge drinking behavior at two Oakland continuation high schools using the SAMSHA Model Program, Project SUCCESS. Highly trained prevention professionals will deliver school-based services to youth, targeting behavioral change such as frequency and rates of AOD, including binge drinking, perceptions of harms of AOD use, fighting and unexcused school absences, as well as increase social competency and resistance skills. Alameda County BHCS's established partnership with Alameda County Office of Education will strengthen the program through ongoing collaboration and the provision of strategic infrastructure.

PROGRAM COMPONENT 1. *Prevent and reduce high rate/binge drinking & other problem behaviors among high school youth who attend Oakland continuation schools.*

- Full range of school-based AOD prevention and early intervention services.
- Community referrals to address student and family multi-problem (i.e. health, mental health) needs.
- Groups for teaching resistance and social competency.

Population(s) Served

- High-risk, multi-problem youth who exhibit high rate/binge drinking behaviors.
- 70 youth per year at each of two continuation high schools in Oakland.

PROGRAM COMPONENT 2. *Parents/caregivers will be engaged and empowered as active participants in Project SUCCESS.*

- Parent Advisory Group will provide opportunities to share ideas for youth AOD prevention, establish priorities for Project activities, and plan recruitment for Parent Empowerment Series.

- Parent Empowerment Series will offer four workshops on AOD information, adolescent development and parenting skills.
- Parent Support Group will offer informal support.

Population(s) Served

- Parents of Project SUCCESS youth.

Science-Based Criteria

Project SUCCESS – SAMHSA Model Program

Program Settings

Continuation school-based (during and after school hours)

Program Strategies

- Substance abuse and binge-drinking prevention classes
- Problem identification and referral
- Parent program
- School-wide awareness activities

Risk Characteristics of Target Population

- Underlying family and mental health issues
- Parental substance abuse
- School failure and lack of attendance
- Violent behaviors
- Criminal behavior
- Lack of student bonding with school, community and family

Planning and Collaboration

BHCS will collaborate with the Alameda County Office of Education, Division of Student Programs and Services. Outreach to Alameda County Probation Department is ongoing. Partners meet monthly for planning, implementing and evaluation purposes.

Evaluation

Alameda County BHCS Evaluation Team will conduct pre/post testing, focus groups and key informant interviews. California Healthy Kids Survey and other survey tools will be used to determine baseline measures of AOD risk and use, high rate and binge drinking, perceptions of harm, violence related behaviors and school connectedness.

Sample Performance Indicators

- Past 30 day ATOD use
- Percent of youth who report increased academic achievement
- Percent of parents who report positive changes in their child

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