

# Grantee Profile

## Del Norte County

### Safe and Drug Free Schools and Communities Project

The Del Norte County SDFSC Project will target youth, ages 10-14, whose parents, caregivers, or guardians who are in substance abuse treatment or in need of treatment. Collaborating partners will implement the SAMHSA Model Program, Strengthening Families 10-14, with the most vulnerable, at-risk youth and their families to increase protective factors for the family and improve family functioning. An evaluator will assess youth engagement in at-risk behavior associated with individual or family substance abuse.

**PROGRAM COMPONENT 1.** *Build community capacity to provide continuous and integrative services to at-risk youth, ages 10-14, whose parents, caregivers, or guardians are in substance abuse treatment or are in need of treatment.*

- Build on past collaborations with community stakeholders in youth AOD prevention (Friday Night Live programming)
- Current and future collaborating agencies to participate in ongoing data collection and evaluation process
- Program developer training to increase community capacity to deliver curriculum

#### Population(s) Served

- Youth, ages 10-14, with parents, caregivers, or guardians who are substance abusers in treatment or in need of treatment
- 30 families served during Year 1; 60 during Years 2-5; totaling 270 families

**PROGRAM COMPONENT 2.** *Improve school functioning of vulnerable, at-risk youth, ages 10-14, through the reduction and prevention of AOD use and at-risk behavior of youth and their families.*

- Families may be referred and linked to school activities through SDFSC program to increase school engagement
- Improvement of caregiver's parenting and social skills will positively impact youth school attendance and performance

#### Population(s) Served

- Youth, ages 10-14, with parents, caregivers, or guardians who are substance abusers in treatment or in need of treatment

**PROGRAM COMPONENT 3.** *Improve parenting skills of substance abusing parents, caregivers, or guardians, improve family relationships, and increase family connections with the community.*

- Strengthening Families Program 10-14 includes separate sessions for youth, and parents, as well as joint family sessions. Parent and joint sessions address parenting skills, healthy communication, addressing family conflict, and offer support for AOD recovery

#### Population(s) Served

- Parents, guardians and/or caregivers of at-risk youth, ages 10-14, who are in substance abuse treatment or are in need of treatment

**PROGRAM COMPONENT 4.** *Design and implement evaluation components to measure outcomes, improve services & manage ongoing sustainability of the project.*

- Collaborating agencies will collect survey, sign-in and pre and post test data
- All agencies have data management capacity
- Data will be analyzed and evaluated and disseminated to all collaborating agencies

#### Population(s) Served

- Del Norte County Department of Health and Human Services, Alcohol and Drug Program and collaborators

### **Program Settings**

- Community-based

### **Science-Based Criteria**

Strengthening Families Program 10-14  
SAMHSA Model Program

### **Program Strategies**

- ATOD prevention
- Increase individual and family protective factors
- Multi-agency collaboration

### **Risk Characteristics of Target Population**

- Dysfunctional families due to multi-generation substance abuse, mental health issues, domestic violence and other issues
- Lack of employment opportunities for parents and youth
- Limited resources to address the large numbers of families experiencing difficulties arising from substance abuse and risk behaviors
- Youth are disenfranchised and alienated from school and community-based activities

### **Planning and Collaboration**

The SDFSC Project is a collaborative effort between the Department of Health and Human Services, Alcohol and other Drug programs, parents, schools, community agencies and the community. Key stakeholders will meet monthly. They include: DHHS AOD, Del Norte Child Care Council, Del Norte County Unified School District, Probation, CASA, other non-profit agencies, law enforcement, DHHS Mental Health, Social Services, parents and the concerned community.

### **Evaluation**

- The Coalition will collaboratively collect and analyze data, as well as annually disseminate outcomes through a variety of communication means
- The Strengthening Families 10-14 program provides pre and post tests to measure the program's overall effectiveness

### **Sample Performance Indicators**

- Coalition is operational
- Forms and assessment criteria are utilized to collect data for evaluation
- Participating youth school attendance and performance
- Youth and family participation in sessions

#### **AOD Administrator**

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**Safe & Drug-Free  
Schools & Communities  
Technical Assistance Project**  
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