

# Grantee Profile

## Napa County

### Napa County Student Assistance Program

Napa County will provide AOD prevention services for middle and high school students in St. Helena and Calistoga who exhibit high rates of drug and alcohol use by expanding the Student Assistance Programs and increasing student access to indicated prevention services. This expansion will allow for the full implementation of the Nine Core Components of Student Assistance Programs.

**PROGRAM COMPONENT 1.** *Reduce the number of St. Helena and Calistoga middle and high school students engaged in high rates of alcohol and drug use through the expansion of the Student Assistance Program.*

- Provide a mechanism to refer and track students
- Market services to students, parents and community
- Improve identification and screening
- Build school and community planning and implementation collaborative
- Brief Intervention

#### Population(s) Served

- 350 6th-12th grade students will be reached per year by the expansion, including youth who exhibit high rate/binge drinking behaviors

#### Program Settings

- School-based (during school)
- Community-based

#### Science-Based Criteria

Project Towards No Drug Use – SAMHSA Model program  
 Helping Teens Overcome Alcohol, Marijuana & Other Drug Problems – Research based  
 Student Assistance Program (SAP)

#### Program Strategies

- Brief Intervention
- Student Assistance Program

#### Risk Characteristics of Target Population

- Lack of coordinated community effort to prevent and intervene with students using alcohol and drugs
- “Rite of passage” mentality that fails to recognize the risk associated with youth alcohol and drug use
- Social norms favorable to alcohol use
- Poor academic achievement is widespread

#### Planning and Collaboration

A community stakeholder planning group convened to expand the student assistance program. They included the identified schools, Boys and Girls Clubs and Family Centers of St Helena and Calistoga, the Wolfe Center, and Napa County Office of Education.

#### Evaluation

The Student Assistance Program Coordinator and Project Evaluator will work together to track, store, analyze and evaluate data. Quarterly reports will be prepared by the evaluator and County ADP. Annual reports will be prepared and presented to the school boards, Core School Teams and leadership, and Napa County ADP. A synthesized version will be provided to parents, community members and key partners. Program impact will be measured through surveys with students, key informant interviews with parents, students and school staff. Case record reviews will be performed in order to measure improvements in attendance, grades and behavior. In addition, school-wide indicators on the California Healthy Kids Survey will be used for evaluation purposes.

### **Sample Performance Indicators**

- Reduction in alcohol and drug use in past 30 days
- Reduction in alcohol and drug use frequency
- Improvement in average reported grade point
- Increase in number of students being connected to school & community based services
- Increases in developmental assets & school connectedness

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