

Grantee Profile

Riverside County

Breakthrough

Riverside County Alcohol and Drug Prevention Services will implement a Student Assistance Program as a strategy to identify youth involved in high risk use/binge drinking patterns in the Murrieta Valley School District and offer them services that will increase their resiliency, result in reduced AOD use and improve academic performance. Students identified as meeting criteria of harmful use will receive Project SUCCESS curriculum and basic SAP strategies of assessment, individual and group counseling and a systematic referral processes. Family Conferencing and Parent Project Educational Program components increase collaboration with families and community.

PROGRAM COMPONENT 1. *Prevent and reduce the use of alcohol and other drugs (AOD).*

- Project SUCCESS group and individual counseling

Population(s) Served

- Youth at risk for high rate use/binge drinking
- 150-200 families annually

PROGRAM COMPONENT 2. *Prevent violence in and around schools, academic failure associated with violence and/or AOD.*

Population(s) Served

- Identified students and families

PROGRAM COMPONENT 3. *Involve parents and communities with the SAP as a way to coordinate school, community and related federal and state efforts and resources.*

- SAP staff will initiate a Family Conference with student participants and parents to assess strengths risk, needs and resources
- Staff and family will develop a collaborative Action Plan that includes school, district and community resources

- Parent/Guardian receives: Parent Project Educational program
- Family receives referrals to substance abuse, mental health and other appropriate services

Population(s) Served

- Families and community

Science-Based Criteria

Project SUCCESS – SAMHSA model program

Program Settings

School-based (during school)
Community-based

Program Strategies

- Student Assistance Program
- Individual and Group Counseling
- Parent engagement

Risk Characteristics of Target Population

- Significant number of high school students reported binge drinking as measured by the 2005 California Healthy Kids Survey
- Significant number of disciplinary actions related to AOD behavior among high school students

Planning and Collaboration

The Breakthrough project consists of cross-system team composed of a Murrieta Valley Unified School District school counselor, a Riverside County Mental Health Prevention Specialist and a Prevent Parent Partner. Parent/guardian feedback will be obtained through the school district Human Relations Council.

Evaluation

The Department of Mental Health Research and Evaluation department is responsible for the evaluation design and implementation, including data collection, analysis and reporting. The evaluator will provide a comprehensive report to the SAP team and system partners, as well as to participants, community partners, parents, guardians and focus groups to inform and receive feedback.

Sample Performance Indicators

- Number of disciplinary actions related to AOD use
- Student academic performance achievement
- Student school attendance

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