

Grantee Profile

Sutter-Yuba County

Sutter and Yuba Strengthening Families Program

To delay the onset of substance abuse in Sutter and Yuba County youth we will implement the Strengthening Families Program for children of persons in substance abuse treatment whose drug of choice is methamphetamine. We will evaluate the groups with pre and post tests in the expectation of decreased use and intention to use alcohol, tobacco and other drugs and enhanced children's protective and resilience factors due to improved children's social and life skills, peer resistance, and communication skills.

PROGRAM COMPONENT 1. *Delay the onset of substance abuse in Sutter and Yuba County youth.*

Population(s) Served

- Sutter and Yuba county youth at high risk due to parental substance abuse, whose drug of choice is methamphetamine
- Over five years, 600 families, including approximately 1,000 children and 900 parents

Program Settings

- Community-based

Science-Based Criteria

Strengthening Families Program (English and Spanish) – SAMHSA Model Program

Program Strategies

- SFP Children's Skills Training
- SFP Parents Skills Training
- SFP Family Skills Training

Risk Characteristics of Target Population

- Parental substance abuse, especially methamphetamine
- Poor parenting skills

Planning and Collaboration

This project will partner with treatment programs in two counties, For Families, Options for Change, First Steps and Pathways. A subcommittee of the Substance Abuse Steering Committee (SASC) will implement the SFP. The Substance Abuse Advisory Board, Sutter Family Intervention Team (FT) and Yuba County Children's Council (YCCC) composed of government and community based programs are involved in the planning process.

Evaluation

SFP uses a multi-method and multi-informant assessment strategy for process and outcome evaluation. The groups will be evaluated with pre and post tests for children, parents and teacher/trainers. Areas include alcohol, tobacco and other drug use, enhanced children's protective, resilience factors, improved social, life skills, peer resistance, and communication skills. Quarterly reports will be made to SASC and SAAB as well as the FIT and YCCC. Feedback will be obtained. Findings will be posted on the county websites, and input will be solicited from the public.

Sample Performance Indicators

- SFP Surveys of Children and Parents
- CHKS
- California Department of Education data
- Park Surveys

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